

Name: \_\_\_\_\_ Instrument: \_\_\_\_\_

# AUGUST/SEPTEMBER BAND PRACTICE JOURNAL

- \*You will receive a practice journal EVERY month - it is to be completed and handed in after the last week.
- \*Write in the amount of minutes you practiced each day, and you AND A PARENT complete the monthly reflection.
- \*The purpose of this journal is for you to keep track of your at-home practicing and to work on your goals.
- \* Strive for IMPROVEMENT AND GOOD, QUALITY PRACTICE HABITS!

Your Goal this Week:		Your Technique Goal(s) this Week: <input type="checkbox"/> Embouchure/Grip <input type="checkbox"/> Posture <input type="checkbox"/> Breathing/Strokes <input type="checkbox"/> Notes <input type="checkbox"/> Rhythms Teacher Notes:				
Monday August 29	Tuesday August 30	Wednesday August 31	Thursday Sept 1	Friday Sept 2	Saturday Sept 3	Sunday Sept 4
				Half Day		

Your Goal this Week:		Your Technique Goal(s) this Week: <input type="checkbox"/> Embouchure/Grip <input type="checkbox"/> Posture <input type="checkbox"/> Breathing/Strokes <input type="checkbox"/> Notes <input type="checkbox"/> Rhythms Teacher Notes:				
Monday Sept 5	Tuesday Sept 6	Wednesday Sept 7	Thursday Sept 8	Friday Sept 9	Saturday Sept 10	Sunday Sept 11
No School						

Your Goal this Week:		Your Technique Goal(s) this Week: <input type="checkbox"/> Embouchure/Grip <input type="checkbox"/> Posture <input type="checkbox"/> Breathing/Strokes <input type="checkbox"/> Notes <input type="checkbox"/> Rhythms Teacher Notes:				
Monday Sept 12	Tuesday Sept 13	Wednesday Sept 14	Thursday Sept 15	Friday Sept 16	Saturday Sept 17	Sunday Sept 18

Your Goal this Week:		Your Technique Goal(s) this Week: <input type="checkbox"/> Embouchure/Grip <input type="checkbox"/> Posture <input type="checkbox"/> Breathing/Strokes <input type="checkbox"/> Notes <input type="checkbox"/> Rhythms Teacher Notes:				
Monday Sept 19	Tuesday Sept 20	Wednesday Sept 21	Thursday Sept 22	Friday Sept 23	Saturday Sept 24	Sunday Sept 25

Your Goal this Week:		Your Technique Goal(s) this Week: <input type="checkbox"/> Embouchure/Grip <input type="checkbox"/> Posture <input type="checkbox"/> Breathing/Strokes <input type="checkbox"/> Notes <input type="checkbox"/> Rhythms Teacher Notes:				
Monday Sept 26	Tuesday Sept 27	Wednesday Sept 28	Thursday Sept 29	Friday Sept 30	Saturday Oct 1	Sunday Oct 2
						<b>THIS PRACTICE LOG DUE TOMORROW!</b>

## STUDENT REFLECTION

## PARENT REFLECTION

*How do you feel you did for your very first Practice Journal?	*How do you feel your child did for their very first Practice Journal?
*What things did you improve on this month?	*What did you notice improved in your child's playing?
*How can you do better next month?	*What advice do you have for your child to improve their practice routine?
TOTAL MINUTES PRACTICED THIS MONTH:	PARENT/GUARDIAN SIGNATURE:



**CRAZY FUN MUSIC FACT!**  
*Termites eat wood twice as fast when listening to heavy metal music!*

